

CHOOSING WISELY RECOMMENDATIONS FOR FAMILY PHYSICIANS:

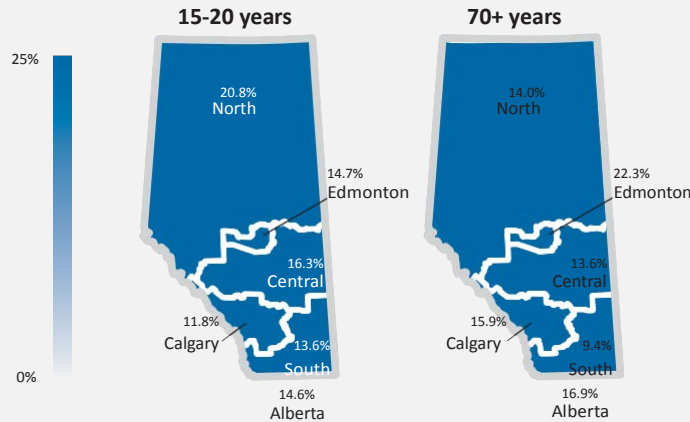
A PATIENT'S MEDICAL HOME PATIENT CENTERED CARE PROGRAM

Choosing Wisely Recommendation

Physician Supports

Pap Smear Testing

DON'T SCREEN WOMEN WITH PAP SMEARS IF UNDER 21 YEARS OF AGE OR OVER 69 YEARS OF AGE



3 - YEAR CERVICAL CANCER SCREENING RATES (2012-2014) SHOWS OVER-SCREENING IN WOMEN UNDER 21 AND OVER 69

Alberta Health Services
Cervical Cancer Screening Program
CPGs, Management Guidelines

Canadian Task Force on Preventative Health Care
Continuing medical education
e-module

Toward Optimized Practice
EMR training, support, and developing automatic reminders

Osteoporosis and Bone Mineral Density Testing (DEXA SCANS)

DO NOT REPEAT DEXA SCANS LESS THAN 2 YEARS APART



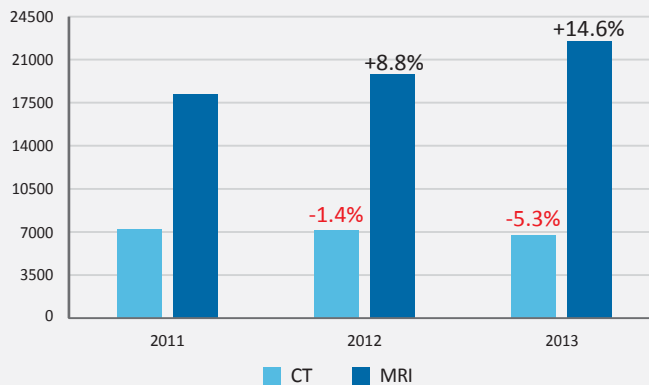
17 % OF DEXA SCANS DONE BETWEEN JAN 2010 AND DEC 2013 WERE DONE LESS THAN TWO YEARS APART

Alberta Health Services
Osteoporosis Services
Osteoporosis Self-Consult Service - Group consult program
Train Physicians
Reduce 16 month wait for consult
Educate patients

Toward Optimized Practice
CPG, EMR training, support, and developing automatic reminders

Diagnostic Imaging for Low Back Pain

DON'T DO IMAGING FOR LOWER BACK PAIN UNLESS RED FLAGS ARE PRESENT



YEAR-TO-YEAR PERCENT CHANGE IN THE NUMBER OF MRIs AND CTs ORDERED JAN 2011 TO DEC 2013

CWA Low Back Pain Demonstration Project

Toward Optimized Practice
Developing physician scripts to discuss LBP
"More is not always better"
"Offer appropriate low back pain care options"
"Don't do imaging unless red flags are present"

Access to patient educational material