



Patient Pamphlets

Choosing Wisely Canada General Messages

- Choosing Wisely Canada; A Healthy Conversation**
- Common tests, treatments and procedures you may think you need.**
- Engage in Conversations about Unnecessary Tests, Treatment/Procedures**
- When it comes to your health, sometimes LESS is more**

Choosing Wisely Canada Specific Topics

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| <ul style="list-style-type: none"> <input type="checkbox"/> Antibiotics for urinary tract infections in older people <input type="checkbox"/> Avoid Unnecessary treatments in the Emergency Department <input type="checkbox"/> Bone Density tests <input type="checkbox"/> Care at the end of life for advanced cancer patients <input type="checkbox"/> Chest X-Rays Before Surgery: When you need them and when you don't <input type="checkbox"/> Chronic kidney disease <input type="checkbox"/> Colds, Flus, and Other Respiratory Infections: Don't rush to antibiotics <input type="checkbox"/> Colonoscopy <input type="checkbox"/> Common Tests, Treatments and Procedures you may think you need <input type="checkbox"/> CT Scans for Adults with Head Injuries <input type="checkbox"/> CT Scans to Find a Blood Clot in the Lungs <input type="checkbox"/> ECG (Electrocardiogram) <input type="checkbox"/> Echocardiogram Before Surgery <input type="checkbox"/> Feeding tubes for people with Alzheimer's disease <input type="checkbox"/> Health checkups <input type="checkbox"/> Heart Tests Before Surgery <input type="checkbox"/> Imaging tests for Headaches <input type="checkbox"/> Imaging tests for Lower Back Pain <input type="checkbox"/> Insomnia and anxiety in older people <input type="checkbox"/> Low Risk Prostate Cancer – Don't rush to get treatment | <ul style="list-style-type: none"> <input type="checkbox"/> Minor Head Trauma <input type="checkbox"/> Pain medicines (heart problems, kidney disease) <input type="checkbox"/> Palliative Care <input type="checkbox"/> Pap tests <input type="checkbox"/> Preventing Infections in the Hospital <input type="checkbox"/> Think you need ECG or exercise stress test? Let's think again. (poster) <input type="checkbox"/> Think you need antibiotics? Let's think again. (poster) <input type="checkbox"/> Think you need an X-Ray or MRI? Let's think again. (poster) <input type="checkbox"/> Tests before surgery <input type="checkbox"/> Treating blocked leg arteries <input type="checkbox"/> Treating disruptive behaviours in people with dementia <input type="checkbox"/> Treating frequent headaches with pain relievers <input type="checkbox"/> Treating migraine headaches <input type="checkbox"/> Treating heartburn and gastro-esophageal reflux (GERD) <input type="checkbox"/> Treating Lower Back Pain <input type="checkbox"/> Treating osteoarthritis of the knee <input type="checkbox"/> Treating rheumatoid arthritis <input type="checkbox"/> Treating sinusitis <input type="checkbox"/> Treatment for erection problems <input type="checkbox"/> Vitamin D Tests |
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