Choosing Wisely for Your Patients

BEGINNING OCT 2016

Another Way to Put Panel-Based Care into Practice

Choosing Wisely Alberta (CWA), supported by the AMA, is a physician-driven initiative that is addressing a problem across the health system; too many tests, procedures and treatments done when they have low value. Patients are being subjected to needless inconvenience, worry, and potential harm. CWA promotes healthy conversations between physicians and their patients to reconsider testing, treatment and procedures that have little value.

The program is delivered at no cost to participants!

“Comparing our own practice data with our community physician peers is one of the best evidenced ways to foster personal behaviour change…”

Dr. Anthony Train, Physician Lead, CWA

The three hour CWA event includes:

- Presentation developed by a content expert on the CWA topic of choice (choose from Bone-density testing, Diagnostic Imaging for low back pain or Pap testing).
- Presentation and opportunity for discussion of physician patient panel data.
- Small-group, facilitated discussion of your planned CWA improvement intervention strategies.
- Receipt of a CWA toolkit to support participation.

CWA directly supports these key elements of the Patient’s Medical Home:

- Organized Evidence-Based Care
- Patient-Centered Care
- Coordination of Care

Clinical Data: Each participating physician will receive their individual practice data from the Physician Learning Program for these three clinical topics:

- Bone Density Tests
- Diagnostic Imaging for Low Back Pain
- Pap Tests

Benefits to PCN Physicians:

- Patient Panel - An opportunity to further develop your patient panel to enhance clinical care.
- Evidence-Based - Hear the latest evidence regarding appropriate screening delivered by a trained family physician facilitator.
- EMR Support - Receive EMR mentoring for identifying patients on your panel regarding these and other tests, treatments or procedures.
- Tips - You will be exposed to effective strategies to engage patients in discussions about appropriate care options.
- Support - PCN Improvement Facilitators will provide support to develop, plan and implement your improvement intervention on your patient panel.
- Credits - This Group Learning program has been certified by the College of Family Physicians of Canada for 5 Mainpro+ credits.

Sign Up to Participate: To register, please contact your Primary Care Network (PCN). For more information, contact your PCN to identify local supports available to you. Should you require further assistance, please email choosingwisely@albertadoctors.org.