ESSENTIAL STRATEGIES FOR CHRONIC PAIN MANAGEMENT
FORMERLY CHRONIC PAIN MANAGEMENT FOR THE FAMILY PHYSICIAN
A Mainpro+ Course – 2.0 credits per hour
MOC Section 3 Self-Assessment Program – 3.0 credits per hour

DAY 1 Monday, June 19, 2017
Richmond Road Diagnostic and Treatment Centre, 1820 Richmond Road SW, Calgary, AB

DAYS 2 and 3 observership dates to be arranged with Course Coordinator
Chronic Pain Centre, Richmond Road Diagnostic and Treatment Centre, 1820 Richmond Road SW, Calgary, AB

COURSE OVERVIEW
Family physicians are responsible for the majority of the management of chronic pain. Day one of this course will be held in a classroom setting to provide an overview of key issues in chronic pain. Days two and three will be arranged as observership days, in conjunction with the Course Coordinator at the Chronic Pain Centre, and will provide a clinical preceptorship that responds to the needs of the individual learner.

COURSE OBJECTIVES
The intent of the course is for learners to:
• gain sufficient knowledge of the physiological, anatomical and psychological mechanisms of pain to be able to explain it in plain language to patients
• know how to assess the biological, psychological and socio-economic aspects of pain
• acquire some useful tips for managing patients with chronic pain in a primary care setting; including communication skills, medication management and basic counselling skills
• become aware of the resources available in the community to support patients with chronic pain
• practice interviewing, physical examination and treatment skills

CREDITS
Mainpro+ Group Learning – 46.0 credits
Day 1 MOC Section 3 – 28.5 credits
Day 2 and Day 3 – 30 credits

WHO SHOULD ATTEND
All healthcare providers including physicians, physician’s assistants, nurse practitioners, registered nurses, pharmacists, physical therapists, occupational therapists, psychologists, social workers, nutritionists, kinesiologists and pain researchers
Prior to the course participants are required to complete two hours of pre-course work including pre-course reading, a needs assessment and self-assessment quiz.

Day 1
0800-1700 (Lunch 1200-1300)
Using common chronic pain case presentations, participants will become familiar with:
- how to explain the pathophysiology of chronic pain to a patient
- how to formulate an evidence-based treatment plan for chronic pain (including when to consider opioid and non-opioid medications, as well as interventional techniques)
- basic strategies for functional rehabilitation (including exercise prescriptions)
- flags that indicate that a patient is at risk of prolonged disability (and how to address these)
- motivational interviewing skills to engage a patient in an active pain management program
- how to frame an opioid trial so that it can be stopped if not successful
- self-management strategies that can help patients to reduce pain levels
- how to respond to requests for third-party reports for pain patients
- how to approach an inherited patient on opioids already
- how to introduce the idea of opioid dose tapering

DAYS 2 and 3
(15 hours of observership time – dates and times to be arranged with Course Coordinator)
Preceptored Clinics
- neuromusculoskeletal pain clinic
- pelvic pain clinic
- headache pain clinic

Other Health Preceptors
- dietician
- social work
- kinesiology
- occupational therapy
- physiotherapy
- psychology
- pharmacy
- clinical processes, referral and triage
- community resources
- outpatient group sessions

Up to two additional clinical preceptor days can also be scheduled based on further learner needs and subject to an additional fee of $250 plus 5% GST per day.

(Days 2 and 3 are included in the registration fee)

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL
ADDITIONAL PROGRAM INFORMATION

DRESS
Dress is business casual. Sweaters or items of clothing that can be layered are recommended since temperature in the venue may fluctuate.

SCENT FREE
To ensure the comfort of everyone attending this event, please do not wear scented products.

CONFIRMATION OF REGISTRATION
On-line registration confirmation is automatic after registering on-line. A tax receipt will be sent approximately 2 weeks after registering.

For all other methods of registration (mail, fax), confirmation will be in the form of a tax receipt. No other confirmation will be sent. Please allow 2 weeks for registration processing.

COURSE CANCELLATION POLICY
The Office of Continuing Medical Education and Professional Development reserves the right to cancel the course if there are insufficient registrations.

REFUND POLICY
A registration refund will be made upon written request if made at least 2 weeks before the start of the program. However $50 will be retained for administrative costs. No refunds will be available for cancellations made within 2 weeks of the start of the program, including no shows or one-time date change, without prior approval by course content coordinator.

NOTE: Refunds are processed only on the return of original receipt. All receipts must be returned within 30 days after program date.

REIMBURSEMENT OF REGISTRATION FEES
Physicians may be eligible for reimbursement of registration fees and expenses to attend CME courses from a fund administered by the Alberta Medical Association. For more information regarding this, please call the AMA at 780.482.2626 or 1.800.272.9680.

Current CARNA members can apply to the Alberta Registered Nurse Education Trust (ARNET) for educational funding reimbursements to support conferences and registration fees www.arnet.ca.

FOR FURTHER INFORMATION
Office of Continuing Medical Education and Professional Development, Cumming School of Medicine, University of Calgary, TRW Building, 3280 Hospital Drive NW, Calgary, AB T2N 4Z6

COURSE COORDINATOR
Sylvia M Vespa
Phone 403.943.9910
Email sylvia.vespa@ahs.ca

ABOUT REGISTRATION
Phone 403.220.7032
Email cmereg@ucalgary.ca

CERTIFICATION
The University of Calgary – Office of Continuing Medical Education and Professional Development is fully certified by the Certification Committee of Canadian Medical Schools (CACMS).

STUDY CREDITS

CFPC
MAINPRO+ GROUP LEARNING
This Group Learning program has been certified by The College of Family Physicians of Canada for 46.0 Mainpro+ credits.

RCPSC
MOC SECTION 3 SELF-ASSESSMENT PROGRAM
Day 1 of this program is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by University of Calgary Office of Continuing Medical Education and Professional Development on February 8, 2017. Program expires January, 2020. Participants may claim a maximum of 9.5 hours (28.5 credits).

Day 2 and Day 3 of this program meets the requirements of a traineeship as defined by the Maintenance of Certification (MOC) Program of the Royal College of Physicians and Surgeons of Canada. Traineeships are self-accredited and included under Section 2: Self-learning (planned learning). The Traineeship component has been established to be 15 hours (30 credits).
REGISTRATION FORM

Essential Strategies for Chronic Pain Management
June 19, 2017

PROFESSION
PHYSICIAN
OTHER HEALTH PROFESSIONAL – PLEASE SPECIFY

STUDENT / RESIDENT
(FULL-TIME STUDENTS ONLY)

FIRST NAME

LAST NAME

ADDRESS

CITY

AREA CODE

PHONE

EMAIL

PAYMENT BY

EXPIRY DATE

SIGNATURE

REGISTRATION FEE

PLUS 5% GST – UCalgary GST Registration #108102864RT0001
ADD 5% TO FEE(S) BELOW TO CALCULATE TOTAL COURSE FEE

EARLY RATE on or before May 18, 2017

REGULAR RATE after May 18, 2017

The course registration fee above includes:
• the academic/course day (Day 1)
• workshop materials for course day (Day 1)
• food and beverage on the course day only (Day 1)
• two days of observership at the Chronic Pain Centre (Day 2 and 3)

Please advise Course Coordinator of any special dietary restrictions.

ADDITIONAL CLINICAL PRECEPTOR DAYS (Day 4 and/or 5)

TOTAL FEE

TOTAL FEE ENCLOSED

INCLUDE 5% GST IN TOTAL FEE

REGISTER

ON-LINE
cmeregistration.ucalgary.ca

BY FAX
Credit Card Payment Only
Confidential Fax
Fax 403.270.2330

BY MAIL
Cheque Payable – UNIVERSITY OF CALGARY

CHEQUE MUST INCLUDE 5% GST

Cumming School of Medicine, Office of Continuing Medical Education and Professional Development, University of Calgary, TRW Building, 3280 Hospital Drive NW, Calgary, AB T2N 4Z6

REGISTRATION SERVICES
Phone 403.220.7032
Email cmereg@ucalgary.ca

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT
Registration information is collected under the authority of the Freedom of Information and Protection of Privacy Act. The contact information you provide is required by our Office to register you in the course, prepare material and courses for your use, plan for future courses and notify you of similar, upcoming courses offered by our Office. Financial information is used to process applicable fees and is retained for future reference. Call 403.220.4251 if you have questions about the collection or use of this information.