AMA Health Benefits Trust Fund (AMA HBTF) – Cost-Plus Plan

Eligible Medical Expenses

Co-insurance, exceeded maximums of expenses covered by other plans:
This includes the AMA HBTF Core Plan or other group/private extended health care and dental plans.

Fees billed by:
- Acupuncturist
- Audiologist
- Chiropodist/Podiatrist
- Chiropractor
- Christian Science Practitioner
- Dentist
- Dental Hygienist
- Dietician
- Licensed Practical Nurse
- Registered Massage Therapist
  (prescription required)
- Naturopath
- Occupational Therapist
- Optometrist
- Orthodontist
- Osteopath
- Physician/Surgeon
- Physiotherapist
- Psychoanalyst
- Psychologist
- Registered Nurse
- Speech Pathologist
- Therapist

Medical equipment and supplies:
- Artificial limb
- Artificial Eye
- Artificial Kidney Machine
- Braces
- Crutches
- Diabetic supplies
- Dogs – guide or hearing-ear
- Hearing aids
- Heart monitor
- Hospital bed
- Iron lung
- Lifts - toilet, shower, bathtub, stairway
- Needle or syringe
- Orthopedic shoe or boot
- Truss for a hernia
- Speaking aid
- Products for incontinence
- Oxygen tents
- Walker
- Wheelchair
- Wigs

Other medical expenses:
- Ambulance – ground and air
- Cosmetic surgery – medically necessary
- Cost of medical services and supplies obtained outside the province of residence
- Drugs, medicaments or other preparations or substances that are prescribed by a medical practitioner or dentist
- Dentures
- Electrolysis or hair removal performed by a medical practitioner
- Expenses in connection with bone marrow or organ transplant
- Laboratory, radiological or other diagnostic procedure services
- Premiums for extended health care and dental insurance plans, including Alberta Health and Wellness “Non-
Group Coverage” (but not including AMA HBTF Core Plan premiums)
• Rehabilitative therapy
• Stop-smoking programs prescribed by a doctor for a serious health deterioration problem

• Renovations and alterations to a dwelling due to severe and prolonged impairment

Vision care:
• Prescription eyeglasses
• Prescription contact lenses
• Laser eye surgery

Facilities:
• Expenses for attendants or care in a nursing home
• Home care by a caregiver
• Hospital room

• Care in a special school, institution or other place for a mentally or physically handicapped dependant

Ineligible Medical Expenses

• Members should not claim AMA HBTF Core Plan premiums in a Cost-Plus Plan claim. The Core Plan receipt is an eligible expense on its own.
• Expenses that have been reimbursed through an insurance plan
• Fitness classes
• Fitness club memberships
• Medical expenses that have already been claimed as a Medical Expense Tax Credit in your personal income tax return
• Expenses incurred for purely cosmetic procedures. This generally includes surgical and non-surgical procedures purely aimed at enhancing one's appearance such as liposuction, hair replacement procedures, botulinum toxin injections, and teeth whitening.
• Non-prescription drugs, and over-the-counter drugs (with or without a prescription)
• Non-prescription sunglasses
• Personal trainer
• Purchase of home exercise equipment
• Trip cancellation insurance
• Vitamins, except for liver extract and vitamin B12 for pernicious anemia

This is a detailed, but not all-inclusive, list of expenses deemed eligible and ineligible for reimbursement through the AMA HBTF’s Cost-Plus Plan. For more information refer to Canada Revenue Agency’s Income Tax Folio S1-F1-C1, Medical Expense Tax Credit.


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