

Provincial Medical Association Contacts

Resident Insurance Programs

Insurance programs have been negotiated for residents in all provinces and they are offered by the provincial resident association or your provincial medical association or both. If you have been matched out-of-province, we strongly encourage you to contact your new medical association to learn about your resident benefits and how they may affect any existing coverage you have.

 <p>ADIUM Insurance Services Inc.</p>	<p>Professional Association of Resident Physicians of Alberta (PARA) https://para-ab.ca/starting-residency/</p> <p>Alberta Medical Association adium@albertadoctors.org 888-492-3486</p>
	<p>Resident Doctors of BC www.residentdoctorsofbc.ca 888-877-2722 or 604-876-7636</p> <p>Doctors of BC insurance@doctorsofbc.ca 604-638-7914</p>
	<p>Professional Association of Residents & Interns of Manitoba (PARIM) https://doctorsmanitoba.ca/insurance/parim-insurance/</p> <p>Doctors Manitoba insurance@doctorsmanitoba.ca 204-985-5846</p>
	<p>Professional Association of Residents of Newfoundland & Labrador (PARNL) http://parnl.ca/current-residents/your-benefits/</p> <p>Newfoundland and Labrador Medical Association Provided through OMA Insurance OMAINsurance.com info@omainsurance.com Kelly Budden, Kelly.budden@oma.org 800-758-1641 ext. 3221</p>



Maritime Resident Doctors

<http://www.maritimeresidentdoctors.ca/starting-residency/group-benefits-101/>

Leanne Bryan, Leanne@mardocs.ca
877-972-7467

Doctors of Nova Scotia, Medical Society of Prince Edward Island, New Brunswick Medical Society

Provided through OMA Insurance

OMAINsurance.com

info@omainsurance.com

Alban Moran, Alban.Moran@omainsurance.org

800-758-1641 ext. 2861



Professional Association of Residents of Ontario (PARO)

http://www.myparo.ca/Starting_Residency

877-979-1183

Ontario Medical Association

OMAINsurance.com

info@omainsurance.com

Sarah Tufts, Sarah.tufts@oma.org

800-758-1641 ext. 2254



Resident Doctors of Saskatchewan (RDoS)

<http://www.residentdoctorsk.ca/benefits>

Saskatchewan Medical Association

insurance@sma.sk.ca

306-244-2916