

## 2019

Month	Sent to Physicians	Submission Deadline to AMA
January	CPSA Messenger = January 10 MD Scope = January 3	December 3, 2018
March	CPSA Messenger = March 7 MD Scope = March 7	February 4, 2019
May	CPSA Messenger = May 14 MD Scope = May 2	April 1, 2019
July	CPSA Messenger = July 11 MD Scope = July 4	June 3, 2019
September	CPSA Messenger = September 12 MD Scope = September 5	August 6, 2019
November	CPSA Messenger = November 14 MD Scope = November 7	October 7, 2019
January 2019	CPSA Messenger = January 16, 2020 MD Scope = January 2, 2020	December 2, 2019

### Submission Guidelines:

Each issue of Optimized Prescribing with Seniors will take one of two approaches:

1. A clinical question with a brief synopsis of the evidence to provide guidance around use of a particular type of medication, or;
2. A summary approach to the management of more complex issues in medication management.

Articles will be evidence-informed, concise and fully referenced. Most importantly, they will aim to provide practical support for you in your appropriate prescribing with seniors.

Based on initial feedback, potential topics to be addressed in the coming months may include such issues as:

- Appropriate use of antipsychotics.
- Recognition of anticholinergic burden.
- A short series on treatment targets in the frail elderly.
- A practical approach to stopping medications.
- Tips to improve adherence.

Because OPS is for you, we need your questions and suggestions. Is there a particular issue you would like to see addressed? Do you see a scenario frequently present in your office and want to know an ideal yet practical approach to management? Uncertain about the role of the “latest and greatest” new drug? **Ask us! Email ideas and suggestions to [messenger@cpsa.ab.ca](mailto:messenger@cpsa.ab.ca).**