Too dizzy to walk: Managing dizziness in the elderly

Case
Ms Abawi is an 85-year-old woman with a long standing history of dizziness. She presents with worsening dizziness post-fall three months ago. Brain imaging post-fall showed small vessel ischemic changes with no acute abnormalities. Her past medical history is significant for GERD, hypertension, osteoarthritis, osteoporosis, Type 2 diabetes mellitus and depression.

Ms Abawi is concerned about ongoing dizziness, poor balance and decreasing mobility. How would you approach her treatment?

Are you a physician with an interest in opioid change?
The Alberta Medical Association – Accelerating Change Transformation Team (ACTT), is looking for one provincial and five zonal contracted Physician Champions to advance Patient’s Medical Homes (PMH) focusing on the Opioid Change Package. Alberta Health has provided one-time funding over two-to-three years to accelerate support to family physicians and their teams.

These Physician Champions will team up with AMA staff, AMA and PCN physician leaders and local practice facilitators to engage and support practices in implementing changes using quality improvement methods and tools to advance as PMHs. The focus will be on how to make improvements within the practice environment.

This posting will remain open until July 10, or until a suitable candidate is found.
WCB retro payments for Business Costs Program

WCB will soon begin issuing retroactive lump sum payments for Business Costs Program (BCP) services provided November 1, 2018, to June 21, 2019. This is a result of the retroactive increase in the BCP rate from $2.92 to $2.95 effective April 1, 2018.

BCP payments for the period of April 1, 2018 to October 31, 2018 were already included in WCB’s retroactive cost-of-living allowance (COLA) increase in December 2018. All BCP payments for dates of service June 22, 2019 and later will be paid at the increased rate of $2.95.

You will start seeing payments the week of July 8, so please check your Payment Remittance. If you have any questions, please contact WCB’s Contact Centre toll-free at 1.866.922.9221.

When the time comes to retire...

A happy and fulfilling retirement requires more than determining how much money to save. Check out some of Dr. Amy D’Aprix's tips on how to change your mindset and other questions you should ask yourself when it’s time to retire.
Is your patient a quad enthusiast?

The University of Alberta's Injury Prevention Centre's mission is to help reduce avoidable injuries through education. Through its quad safety campaign, the centre is offering helpful educational information on quad-rollover injuries prevention as well as free downloads of educational postcards and posters. If you have patients who enjoy quadding, visit the centre's quad safety campaign website to access these resources.

Quad safety resources

Call for applications: Indigenous Health Care Award, ADHD interest

Do you work with the Canadian Indigenous population and have an interest in attention deficit hyperactivity disorder? The Canadian ADHD Resource Alliance (CADDRA) is seeking applications for its annual Indigenous Health Care Award, which will be presented at the 15th Annual CADDRA ADHD Conference in Toronto, October 5 and 6.

The award includes:

- Complimentary registration to the 15th Annual CADDRA ADHD Conference
- One-year CADDRA membership
- Travel and hotel accommodation expenses up to $1,500
  (Transportation and hotel to be organized through CADDRA)

The deadline to apply is July 31. Complete the application online.

CADDRA is an independent, not-for-profit, resource organization for medical, health care and research professionals with an interest in the field of ADHD.

Apply for the Indigenous Health Care Award

Top stories from our last issue
The top stories from the June 20 issue of *MD Scope* were:

- Five key findings about how Canadian physicians are preparing for retirement
- Do your patients experience gaps in care? There’s a CPG for that!
- How to manage jaundice in well babies greater than 35 weeks

In the July 4, 2019 *MD Scope Classifieds* you’ll find listings for:

- Physicians wanted
- Space available
- For sale
- Services

Are you enrolled in a clinical alternative relationship plan or considering it?

**Alternative Relationship Plan**
**Physician Support Services**

If you have questions, We can help!
Get in touch with us: [arppss.albertadoctors.org](http://arppss.albertadoctors.org)