March 31 COVID Talks for Docs - Resources and Key Links

Rehabilitation Advice Line 1-833-379-0563 Zonal Pathways

Post-COVID-19 Resources

- AHS Guideline for Post-COVID-19: Nutrition for Recovery and Rehabilitation
- NICE COVID-19 rapid guideline: managing the long-term effects of COVID-19
- Practice Pointer: Management of post-acute covid-19 in primary care
- AHS Scientific Advisory Group Rapid Evidence Report: Chronic symptoms of COVID-19
- Patient resource How to Support Your Recovery and Rehabilitation After COVID-19
- Future location for patient resources (coming soon)

Specialty post-COVID-19 Clinics

- Edmonton Post-COVID pulmonary clinic for family doctors
- Edmonton North PCN COVID-19 Recovery Clinic
- Peter Lougheed pulmonary clinic
- Rockyview pulmonary clinic

Additional Reading

- AHS Scientific Advisory Group Rapid Evidence Report
- <u>Post-acute COVID-19 syndrome</u> (Comprehensive review focusing on pathophysiology)
- The Stanford Hall consensus statement for post-COVID-19 rehabilitation
- Support for Rehabilitation: Self-Management after COVID-19 Related Illness









