

### 2024

Month	Sent to Physicians	Submission Deadline to AMA
January	CPSA Messenger = January 18 MD Scope = January 11	December 11, 2023
March	CPSA Messenger = March 14 MD Scope = March 14	February 14, 2024
May	CPSA Messenger = May 9 MD Scope = May 16	April 9
July	CPSA Messenger = July 11 MD Scope = July 11	June 11
September	CPSA Messenger = September 5 MD Scope = September 12	August 5
November	CPSA Messenger = November 14 MD Scope = November 14	October 14

#### Submission Guidelines:

Each issue of Optimized Prescribing with Seniors will take one of two approaches:

1. A clinical question with a brief synopsis of the evidence to provide guidance around use of a particular type of medication.  
or
2. A summary approach to the management of more complex issues in medication management.

Articles are evidence-informed, concise and fully referenced. Most importantly, they aim to provide practical support for you in your appropriate prescribing with seniors.

Potential topics to be addressed may include such issues as:

- Appropriate use of antipsychotics.
- Recognition of anticholinergic burden.
- A short series on treatment targets in the frail elderly.
- A practical approach to stopping medications.
- Tips to improve adherence.

Because OPS is for you, we need your questions and suggestions. Is there a particular issue you would like to see addressed? Do you see a scenario frequently present in your office and want to know an ideal yet practical approach to management? Uncertain about the role of the “latest and greatest” new drug? **Ask us! Email ideas and suggestions to [webmaster@albertadoctors.org](mailto:webmaster@albertadoctors.org).**