



JUNE 2026

STATE OF HEALTH CARE - TRACKING SURVEY EXCERPTS FOR RELEASE

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Research Methodology



- **Approach:** Online survey of Adult Albertans
- **Region:** Alberta
- **Field dates:** May 12 – May 19, 2026
- **Sample size:** n=1,100
- **Sampling:** A random stratified sample of panelists was invited to complete the survey from panel partners
- **Weighting:** Weighted to reflect gender, age and region of the Alberta population according to Stats Canada
- **Margin of error:** The margin of error for a comparable probability-based random sample of this size is **+/- 2.9 percentage points, 19 times out of 20**

Sample sizes:	Unweighted	Weighted	MOE*
Alberta total	n=1,100	n=1,100	+/- 2.9
Calgary	n=382	n=394	+/- 5.0
Edmonton	n=339	n=356	+/- 5.3
Northern Alberta	n=138	n=124	+/- 8.3
Central Alberta	n=122	n=118	+/- 8.9
Southern Alberta	n=119	n=108	+/- 9.0

*Margin of error: Percentage points 19 times out of 20.

The margin of error is associated with a probability sample of this size.

Accuracy of sub-samples of the data decline based on sample sizes



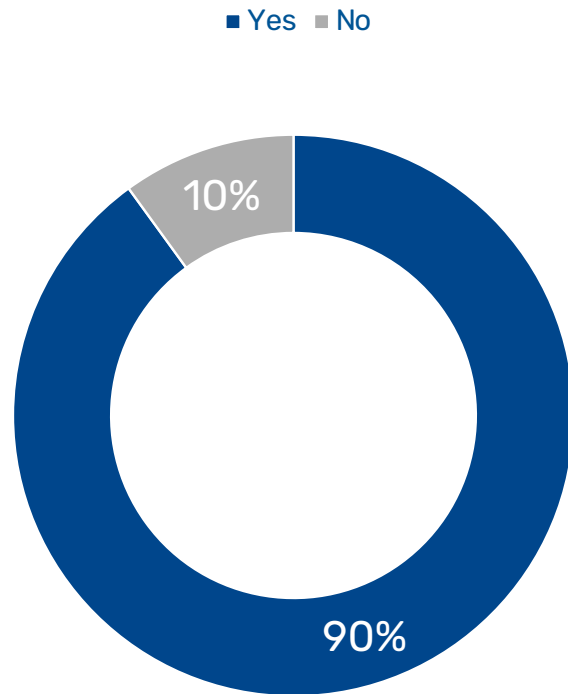
FAMILY DOCTORS REMAIN THE CORNERSTONE OF
ALBERTA'S HEALTH SYSTEM – BUT TIMELY ACCESS
CHALLENGES PERSIST



Health Care System Usage – Past Year

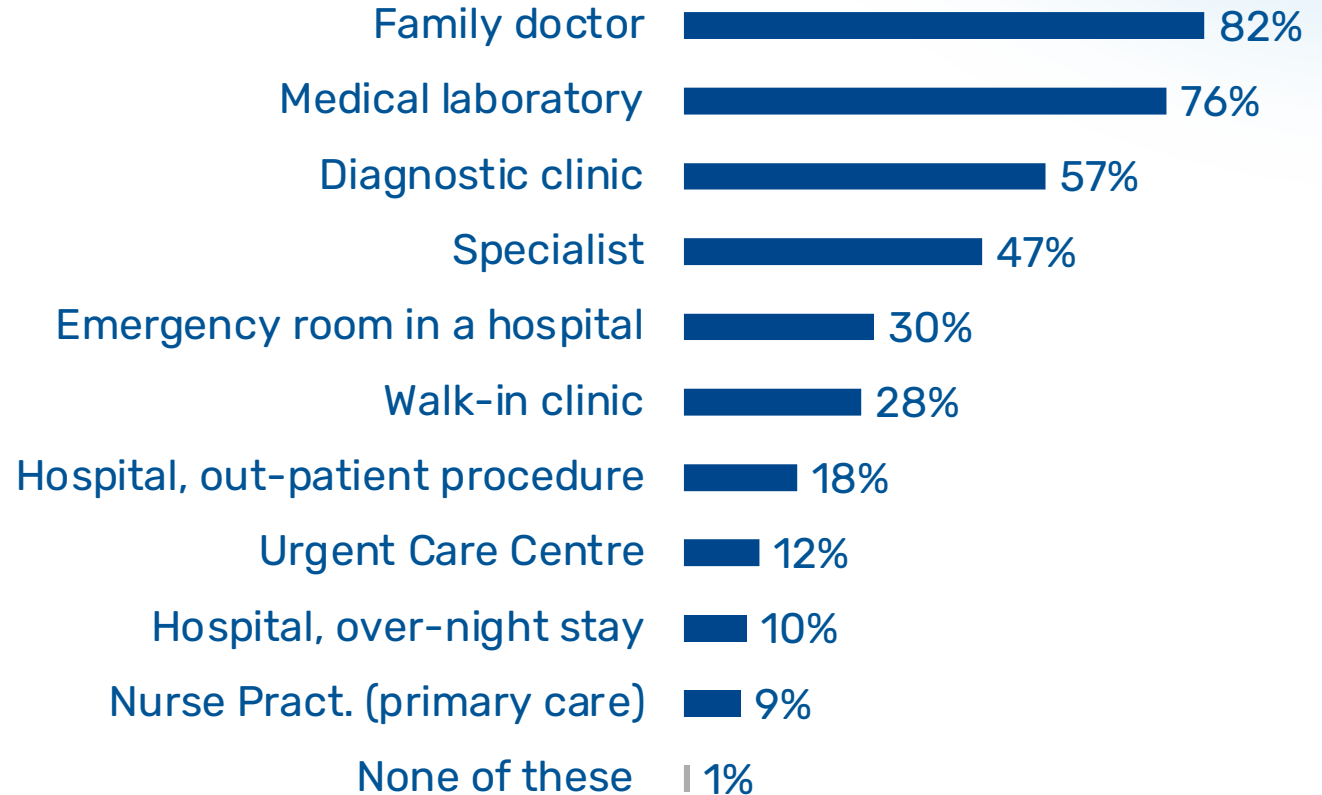


Have you personally used any health care services in Alberta within the past year?



Base: All respondents (n=1,100)

And in the past year, have you personally gone to...?



Base: Used health care services in Alberta in past year (n=988) | Multiple mentions

Health Care System Usage – Past Year

By Age and Gender



Have you personally used any health care services in Alberta within the past year? Which ones?

	Total	Age (years)			Gender	
		18-34	35-54	55+	Men	Women
Base: All respondents	(n=1,100)	(n=318)	(n=387)	(n=395)	(n=533)	(n=544)
Used health care in Alberta in past year	90%	87%	89%	93%	85%	95%
Base Used health care services in AB in past year*:	(n=988)	(n=276)	(n=345)	(n=367)	(n=451)	(n=514)
Family doctor	82%	76%	81%	88%	77%	87%
Medical laboratory	76%	64%	79%	83%	72%	80%
Diagnostic clinic	57%	40%	59%	69%	49%	65%
Specialist	47%	39%	44%	56%	45%	48%
Emergency room in hospital	30%	29%	34%	26%	29%	31%
Walk-in clinic	28%	40%	31%	15%	31%	25%
Hospital, out-patient procedure	18%	15%	15%	22%	15%	19%
Urgent care centre	12%	13%	15%	8%	10%	13%
Hospital, over-night stay	10%	9%	9%	11%	10%	9%
Nurse practitioner for primary care	9%	10%	8%	9%	7%	10%
None of these	1%	1%	1%	1%	1%	1%

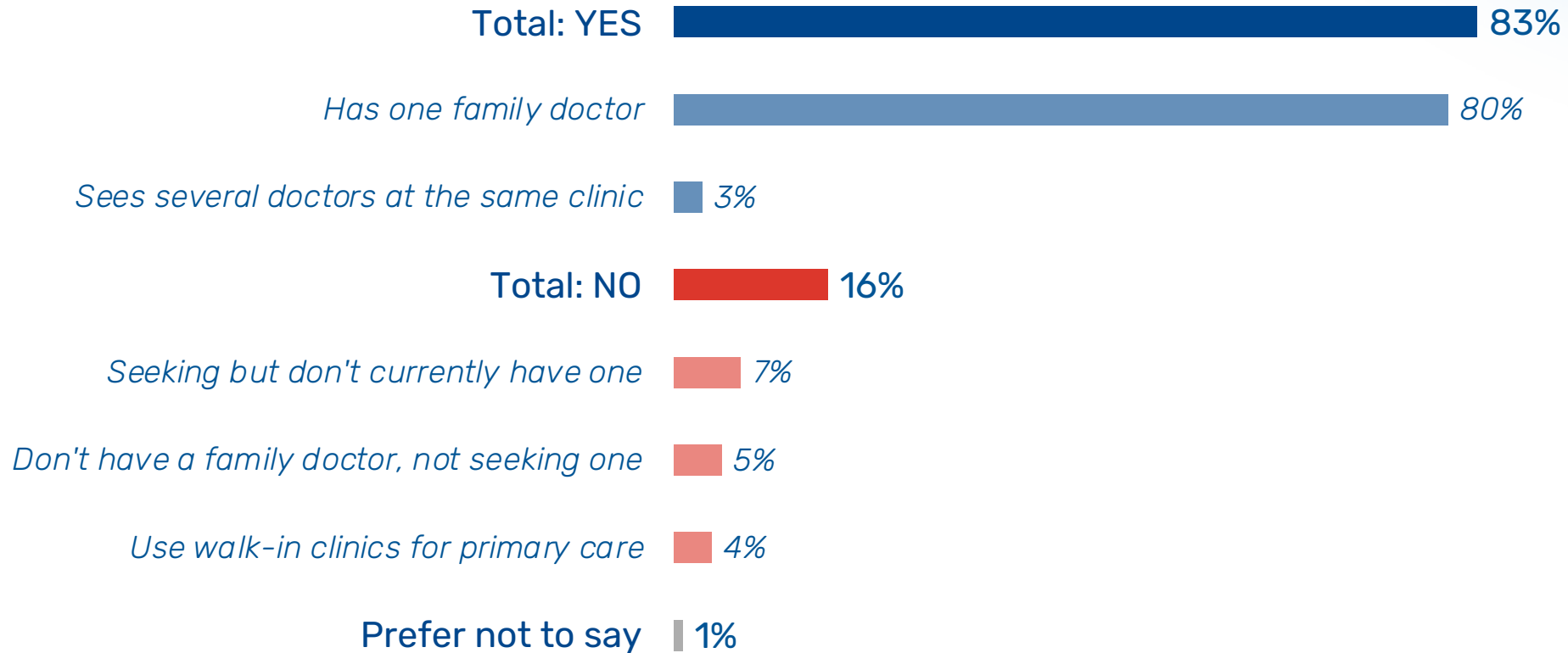
Base: All respondents | *Multiple mentions

Note: Shading [blue] denotes significant differences among sub-samples

Family Doctor Status



Do you personally currently have a regular family doctor for your health care needs?



Base: All respondents (n=1,100)

Family Doctor Status By Region



Do you personally currently have a regular family doctor for your health care needs?

		Region				
	Total	Calgary	Edmonton	North	Central	South
Base: All respondents	(n=1,100)	(n=394)	(n=356)	(n=124)	(n=118)	(n=108)
Yes	83%	87%	81%	79%	82%	84%
<i>One family doctor</i>	<i>80%</i>	<i>84%</i>	<i>78%</i>	<i>74%</i>	<i>80%</i>	<i>80%</i>
<i>Several at the same clinic</i>	<i>3%</i>	<i>3%</i>	<i>3%</i>	<i>5%</i>	<i>2%</i>	<i>3%</i>
No	16%	12%	17%	21%	18%	15%
<i>No, but seeking one</i>	<i>7%</i>	<i>5%</i>	<i>7%</i>	<i>10%</i>	<i>6%</i>	<i>8%</i>
<i>No and not seeking one</i>	<i>5%</i>	<i>3%</i>	<i>5%</i>	<i>6%</i>	<i>6%</i>	<i>5%</i>
<i>Uses walk-ins</i>	<i>4%</i>	<i>4%</i>	<i>5%</i>	<i>5%</i>	<i>6%</i>	<i>3%</i>
Prefer not to say	1%	1%	2%	0%	0%	1%

Note: Shading [blue] denotes significant differences among sub-samples

Base: All respondents

Family Doctor Status

By Gender and Age



Do you personally currently have a regular family doctor for your health care needs?

	Gender		Age (years)			
	Total	Men	Women	18-34	35-54	55+
Base: All respondents	(n=1,100)	(n=533)	(n=544)	(n=318)	(n=387)	(n=395)
Yes	83%	79%	88%	76%	83%	90%
<i>One family doctor</i>	80%	77%	83%	74%	78%	87%
<i>Several at the same clinic</i>	3%	2%	5%	3%	5%	3%
No	16%	19%	12%	22%	16%	10%
<i>No, but seeking one</i>	7%	8%	5%	8%	7%	5%
<i>No and not seeking one</i>	5%	5%	4%	7%	5%	3%
<i>Uses walk-ins</i>	4%	6%	3%	7%	4%	3%
Prefer not to say	1%	1%	0%	2%	1%	0%

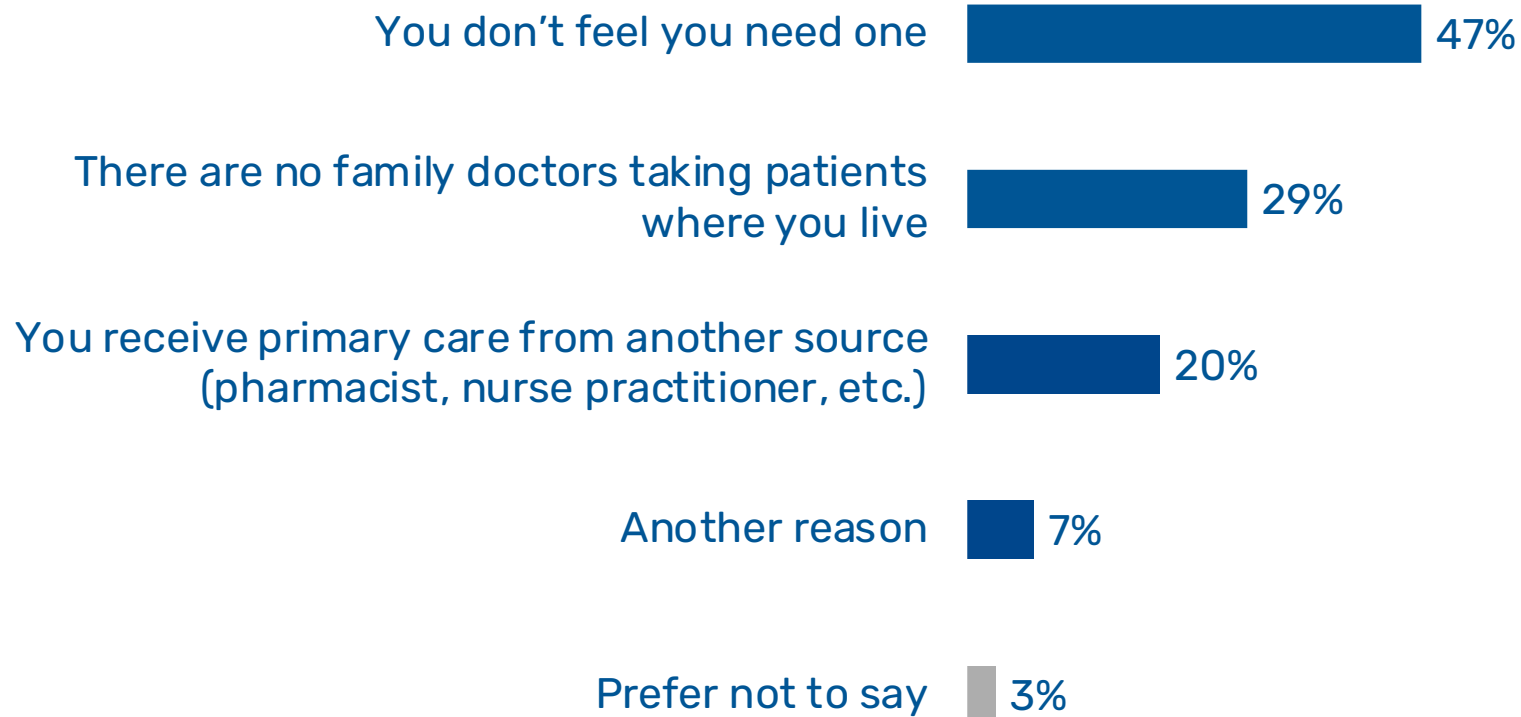
Note: Shading [blue] denotes significant differences among sub-samples

Base: All respondents

Reasons for Not Seeking a Family Doctor



Are you not seeking a family doctor right now because of any of the following reasons?



Base: Do not have a family doctor and not seeking one (n=51)* | *Caution: Very small base size | Multiple mentions

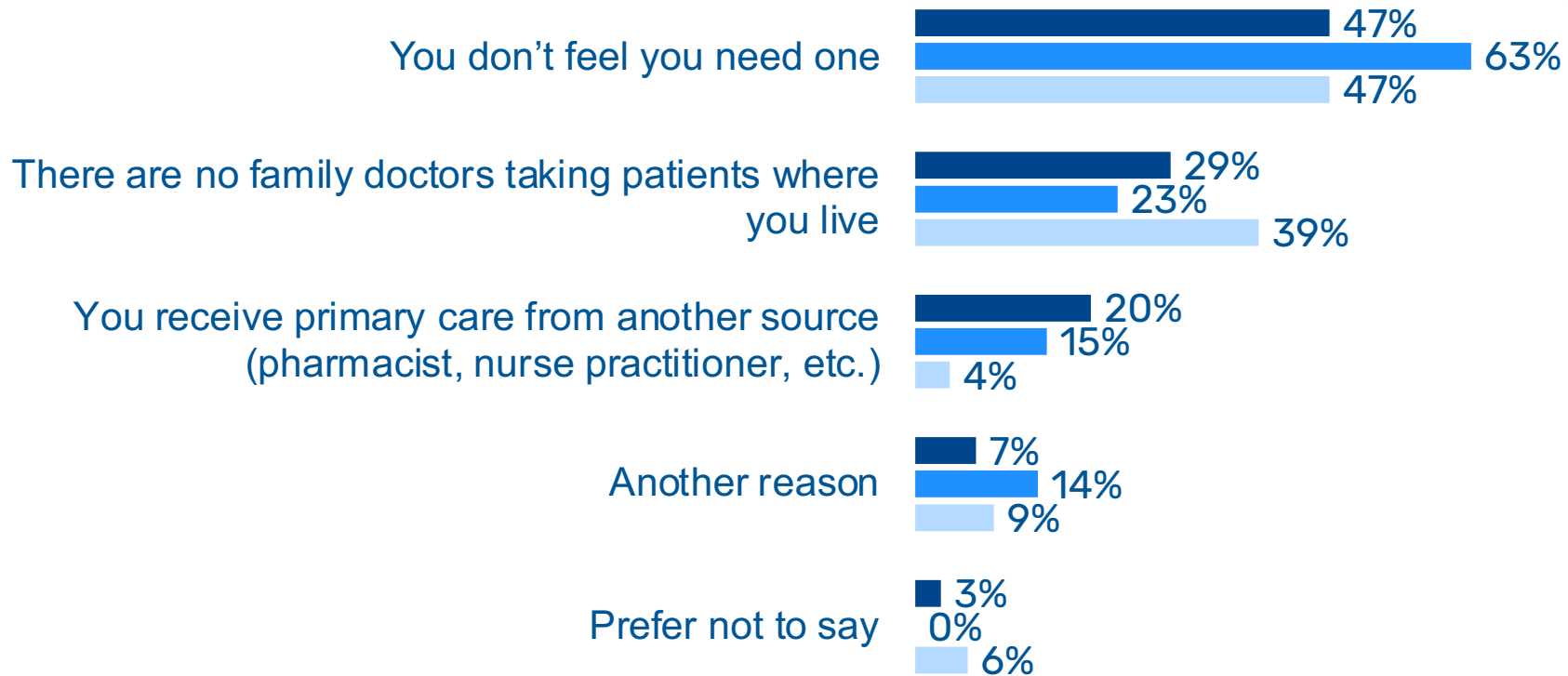
Reasons for Not Seeking a Family Doctor

Tracking



Are you not seeking a family doctor right now because of any of the following reasons?

■ May'26 (n=51)* ■ Jun'25 (n=40)* ■ Jul'24 (n=45)*

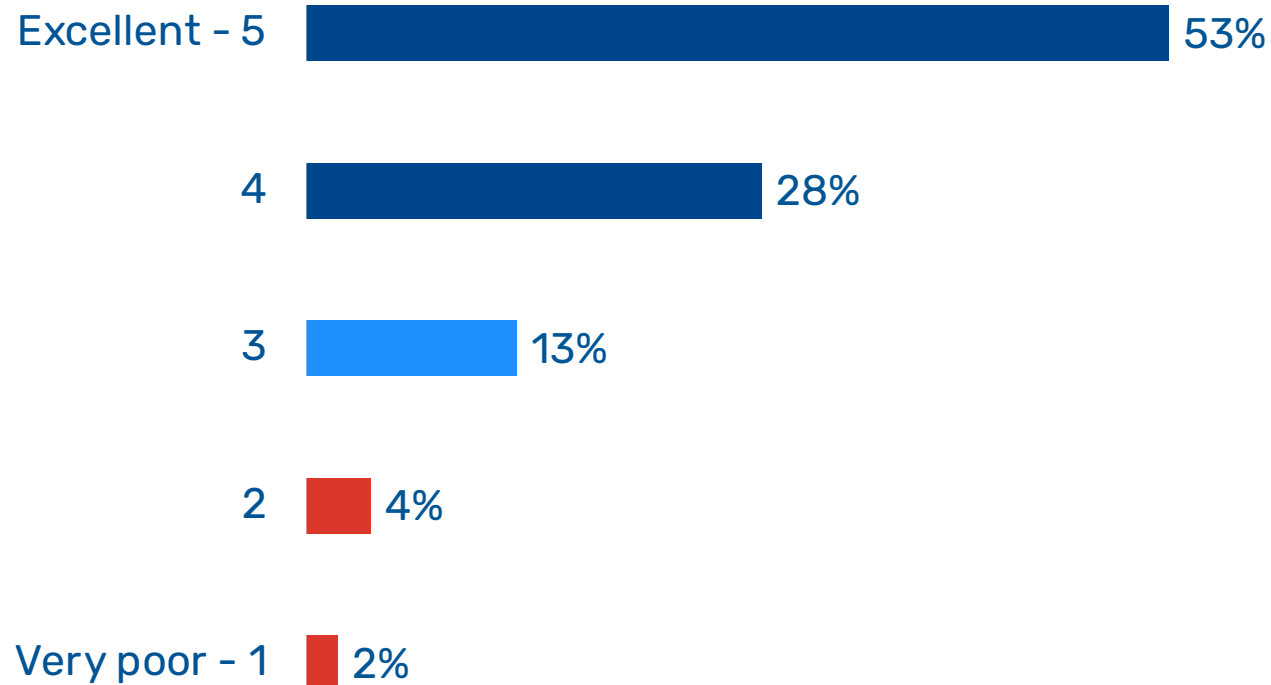


Base: Do not have a family doctor and not seeking one | *Caution: Very small base size | Multiple mentions

Family Doctor Ratings



How would you rate the quality of the care you received during your last appointment with your family doctor on a scale from 1 to 5 where 1 means "Very poor" and 5 means "Excellent"?



Summary

Good (4,5)	81%
Poor (1,2)	6%
NET	+75

Base: Has a family doctor(s) (n=917) | NET: Good minus poor

Family Doctor Ratings

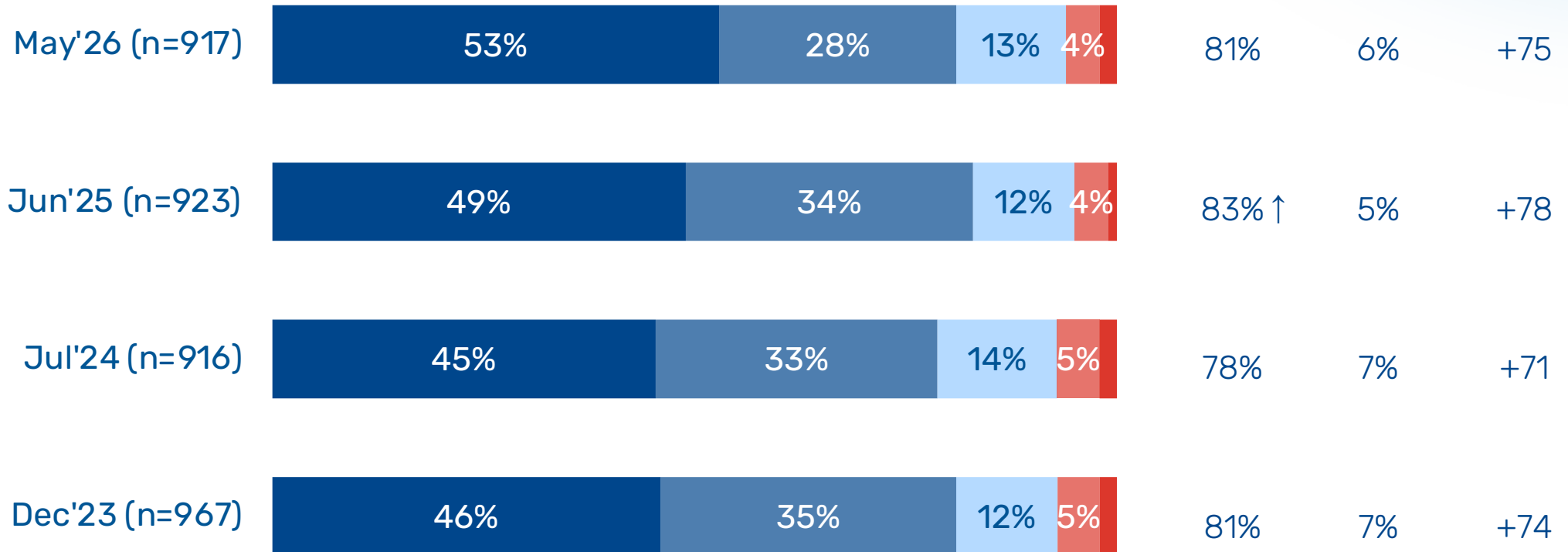
Tracking



How would you rate the quality of the care you received during your last appointment with your family doctor?

■ 5 - Excellent ■ 4 ■ 3 ■ 2 ■ 1 - Very poor

Good (rating 4,5)	Poor (rating 1,2)	NET
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Base: Has a family doctor(s) | NET: Good minus poor

Family Doctor Ratings By Region



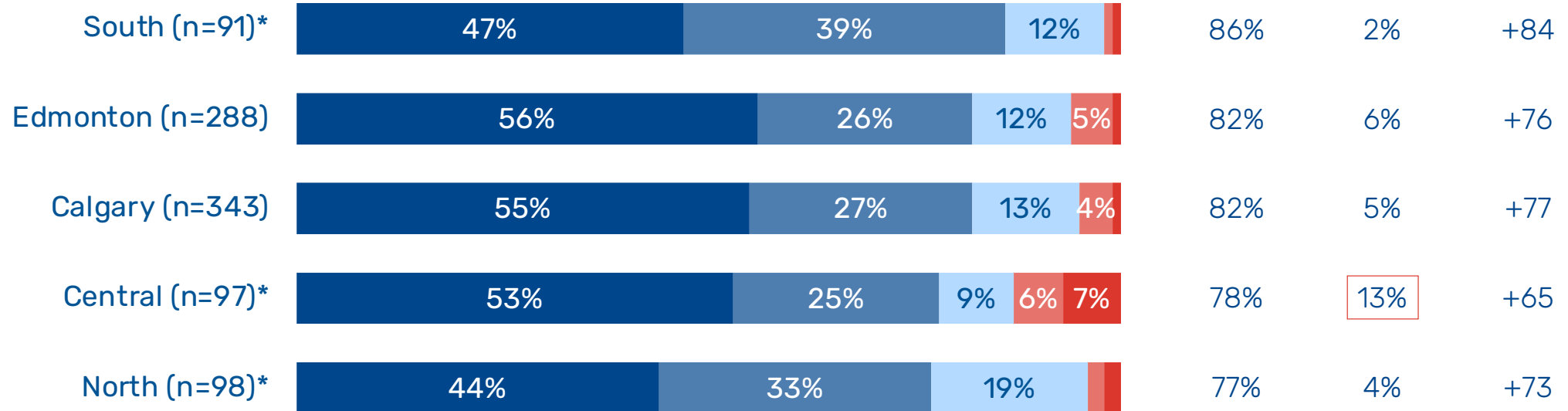
How would you rate the quality of the care you received during your last appointment with your family doctor?

■ 5 - Excellent ■ 4 ■ 3 ■ 2 ■ 1 - Very poor

Good (rating 4,5) Poor (rating 1,2) NET



Region



Base: Has a family doctor(s) | *Caution: Small base size | NET: Good minus poor

13% Significantly poorer rating

Family Doctor Ratings

By Gender and Age



How would you rate the quality of the care you received during your last appointment with your family doctor?

■ 5 - Excellent ■ 4 ■ 3 ■ 2 ■ 1 - Very poor

Good (rating 4,5) Poor (rating 1,2) NET



Gender



Age (years)



Base: Has a family doctor(s) | NET: Good minus poor

○ Significantly higher rating

□ Significantly poorer rating

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Family Doctor Ratings By Family Doctor Access



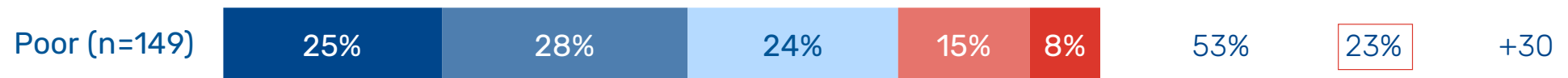
How would you rate the quality of the care you received during your last appointment with your family doctor?

■ 5 - Excellent ■ 4 ■ 3 ■ 2 ■ 1 - Very poor

Good (rating 4,5) Poor (rating 1,2) NET



Family Doctor Access



Base: Has a family doctor(s) | NET: Good minus poor

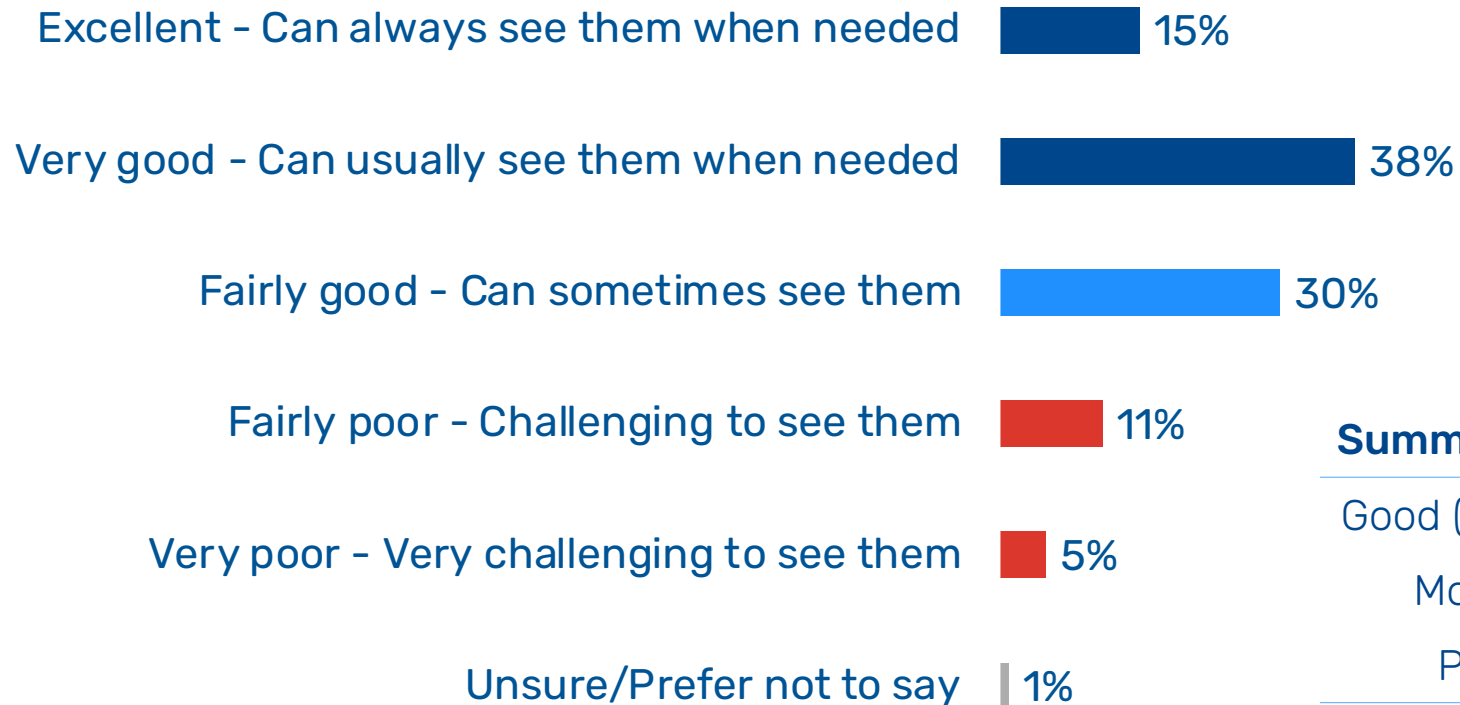
○ Significantly higher rating

□ Significantly poorer rating

Timeliness of Family Doctor Appointments



What is your access like with your family doctor/doctors when it comes to being able to get a timely appointment with them (either in person or virtually) when you need it?



Summary

Good (Exc. + Very good)	53%
Modest (Fairly good)	31%
Poor (Fairly + Very)	16%
NET	+37

Base: Has a family doctor(s) (n=917) | NET: Good minus poor

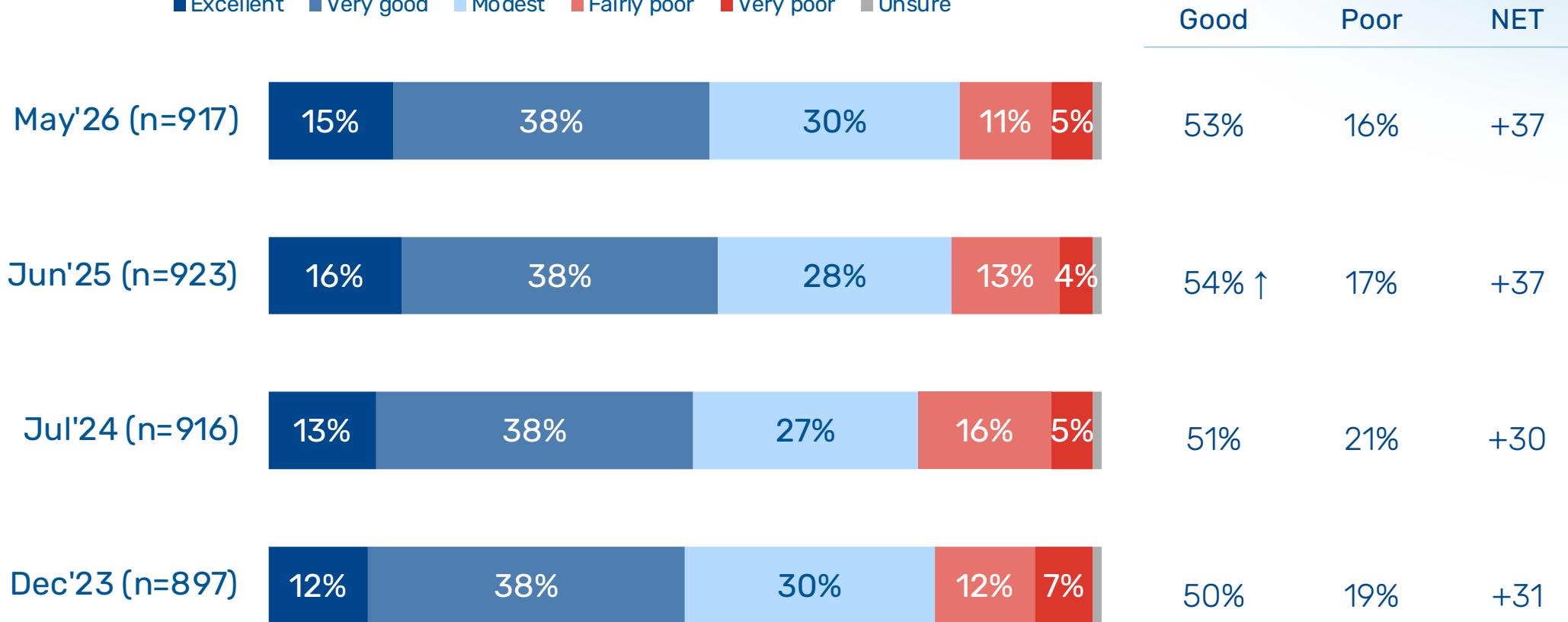
Timeliness of Family Doctor Appointments

Tracking



What is your access like with your family dr. when it comes to being able to get a timely appointment with them when you need it?

■ Excellent ■ Very good ■ Modest ■ Fairly poor ■ Very poor ■ Unsure



Base: Has a family doctor(s) | NET: Good minus poor

Timeliness of Family Doctor Appointments

By Age and Kids at home



What is your access like with your family dr. when it comes to being able to get a timely appointment with them when you need it?

	Total	Age (years)			Kids at home
		18-34	35-54	55+	
Base: Has a family doctor(s)	(n=917)	(n=243)	(n=320)	(n=355)	(n=280)
Good	53%	52%	47%	59%	46%
<i>Excellent - always see them when needed</i>	15%	13%	14%	18%	12%
<i>Very good - usually see them when needed</i>	38%	39%	33%	41%	34%
Modest	30%	30%	32%	29%	35%
Poor	16%	18%	20%	12%	19%
<i>Poor - Challenging to see them</i>	11%	11%	14%	8%	13%
<i>Very poor - Very challenging to see them</i>	5%	7%	6%	4%	6%
Unsure/Prefer not to say	1%	1%	1%	0%	0%
NET	+37	+34	+27	+47	+27

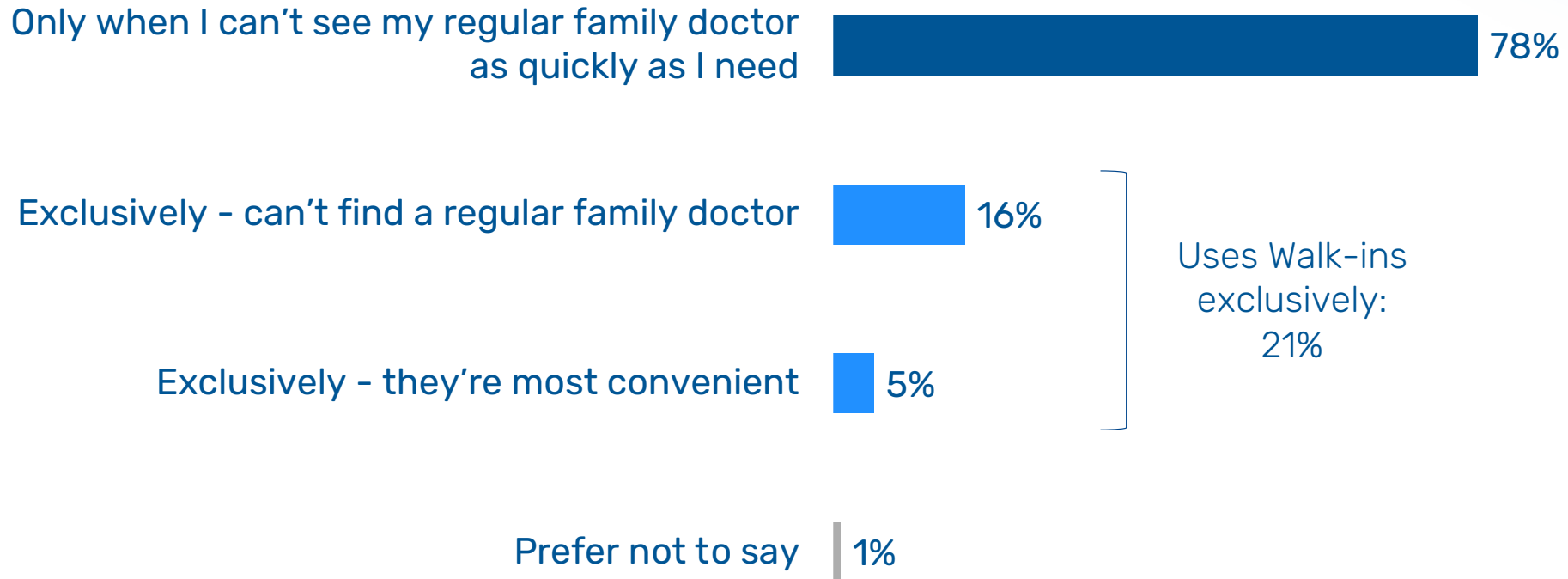
Note: Shading [blue] denotes significant differences among sub-samples

Base: Has a family doctor(s) | NET: Good minus poor

Reasons for Walk-in Clinic Use



Which of the following best describes your personal situation when it comes to using walk-in clinics? I use walk-in clinics...



Base: Used a walk-in clinic in Alberta in past year (n=272)

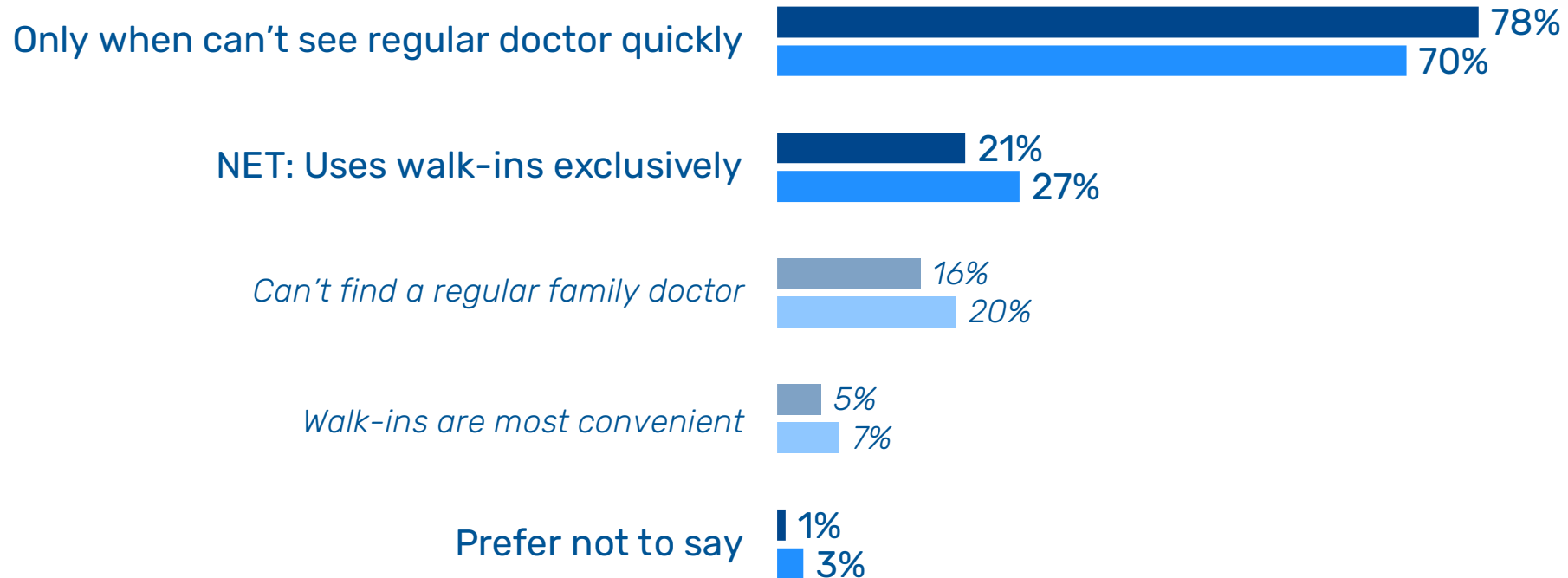
Reasons for Walk-in Clinic Use

Tracking



Which of the following best describes your personal situation when it comes to using walk-in clinics? I use walk-in clinics...

■ May '26 (n=272) ■ Jun '25 (n=306)



Base: Used a walk-in clinic in Alberta in past year



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