



---

June 2023

## In this issue:

### General News

- June 2 is CrazySocks4Docs day!

### News and updates from:

Section of General Surgery

- SAVE THE DATE – AAGS Review in the Rockies

Section of Rural Medicine

- Up to \$35,000 available for Rural Physicians

Section of Sport and Exercise Medicine

- What is a Sport and Exercise Medicine Physician?

---

## General News

### June 2 is CrazySocks4Docs day!

Each year, the first Friday in June marks [CrazySocks4Docs](#) day – a day that is designed to raise awareness of the mental health of all doctors and health practitioners around the world.

In support of our members and this important conversation, [AMA staff shared pics](#) of their CrazySocks4Docs with us.



We want to remind members that mental health is health and asking for support is a sign of strength. If you need help, reach out to our [Physician and Family Support Program](#). Confidential support is available 24 hours/day, 7 days/week at 1-877-767-4637.

## General Surgery

### SAVE THE DATE – AAGS Review in the Rockies/Section of General Surgery AGM

**Dates:** November 3, 4 and 5

**Location:** Banff Springs Hotel

**Guest speaker:** Sharon Wood, the first North American woman to climb Mt. Everest!

**Registration (opens early May):** <https://www.aags.ca/>

Join us again this year for a great academic program and AGM. Focuses will include trauma updates, breast cancer updates, mountaineering, acute general surgery and additional topics.

To reach the Section of General Surgery President, Dr. Anthony Gomes, please email [AMA Section Services](#).

## Rural Medicine

### Up to \$35,000 is available for Rural Physicians

Are you a rural physician interested in advanced training?

The Society of Rural Physicians of Canada is offering the National Advanced Skills and Training Program, which is funding training opportunities to upskill practicing rural physicians, including specialists, nationwide.

The initiative will...

- Reimburse practicing rural physicians up to \$35,000:
  - training (\$1,000 per day), travel and accommodation for up to 30 days
  - preceptor (\$250 per day) and locum services
- Foster a network of opportunities and/or collaborations to mentor rural physicians in addition to the enhancement of skills.
- Strengthen health care in remote communities and reduce the need for patient transport out of their communities.

To learn more, please see the [attached PDF](#).

To reach the Section of Rural Medicine President, Dr. Samantha Myhr, please email [srmpres@albertadoctors.org](mailto:srmpres@albertadoctors.org).

## Sport and Exercise Medicine

### What is a Sport and Exercise Medicine Physician?

Have you ever wondered what Sport and Exercise Medicine (SEM) physicians do and how they help their patients participate in an active, healthy lifestyle? Check out the [attached PDF](#) to learn more.

To reach the Section of Sport and Exercise Medicine President, Dr. Matt McIsaac, please email [AMA Section Services](#).

---



© 2023 Alberta Medical Association; All rights reserved

*The opinions expressed in AMA publications are those of the authors and do not necessarily reflect the opinions or positions of the Alberta Medical Association, its Board of Directors or members.*

*The Alberta Medical Association does not assume responsibility or liability for damages arising from any error or omission or from the use of any information or advice contained in these materials. Advertisements included in our publications are not necessarily endorsed by the Alberta Medical Association.*

*The Association reserves the right to edit any submissions that are accepted to appear in any of our publications or platforms. Please consult our editorial guidelines for tips on submissions or advertising.*

Our mailing address is:  
12230 106 Ave NW  
Edmonton, AB T5N 3Z1  
Canada

[Unsubscribe from this publication](#)  
[Canada Anti-Spam Legislation \(CASL\) - AMA compliance statement](#)