Introducing 03.04J
COMPLEX CARE PLAN

A new health service code for family physicians who deal with complex patients

WHAT?

- 03.04J Development, documentation and administration of a comprehensive annual plan for a patient with complex needs $206.70
  - Claimed by one physician (most responsible primary care general practitioner)
  - Claimed once per patient per year (confirm patient has not signed a Complex Care Plan with another physician in the past 12 months)
  - Includes ongoing communication as required, re-evaluation and plan revision (within the year)
  - Implementation April 1, 2009

WHY?

- Recognizes that you invest greater effort in caring for complex patients
- Seeks better care and outcomes by engaging your patients’ values and personal health goals in the plans you make together
- Part of overall, ongoing strategy to make Alberta the best place to practise family medicine

HOW TO CLAIM?

- It’s easy!
  - Claim in addition to HSCs: 03.03A; 03.03N; or 03.04A
  - Time spent on 03.04J does not count toward requirements for a complex modifier on the same visit
  - Keep a copy of the plan (see over) in the patient chart
WHO?

• “Complex” patients
  o Multiple complex health needs including chronic disease and other complications
  o At least two diagnoses Group A or
  o At least one from Group A and one from Group B

Group A
- Hypertensive disease
- Diabetes Mellitus
- Chronic Obstructive Pulmonary Disease
- Asthma
- Heart Failure
- Ischaemic Heart Disease

Group B
- Mental health issues
- Obesity
- Addictions
- Tobacco

WHAT GOES IN A PLAN?

• Use the template developed by the Section of General Practice and Section of Rural Medicine in conjunction with the tripartite partners, or create your own. It should be a single document
  o Easy to complete
  o Easy to read
  o Easy for others in the team to understand
• Complete the plan directly with the patient (or agent), face-to-face, including:
  o Mutually agreed upon, specific goals
    ▪ E.g., how much exercise, changes in diet, tobacco reduction, etc.
  o Chart review: Current therapies, problem list, medical history
  o Any other relevant information
    ▪ E.g., language barriers, lifestyle behaviors, etc.
  o A statement from the patient
    ▪ What are the patient’s goals? What things will he/she work on?
  o The outcomes you expect to see
  o Other health care professionals who will be significantly involved and their roles
  o Two signatures
    ▪ Patient’s (confirm the plan has been communicated verbally and in writing)
    ▪ Yours
• Your plan document must contain all these elements for your 03.04 J claim to be valid

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